

Minutes of the Trowbridge Health and Wellbeing Group meeting held on 6th June at 2pm at Goodson Lodge, Trowbridge

Present

Mary Cullen (WC Community Engagement Manager), Annette Ayles (Goodson Lodge Manager), Annie Baldie (Carers Support Wiltshire), Caroline Heaven (NHS Care Co-ordinator), Barbara Smith (WC Reablement Service), Alison Woodbridge-Nash (WC Reablement Service) Lorraine Reeves, (WCIL), Rebecca James (OSJT Goodson Lodge), A Girdler (NHS), SeAp representative.

Apologies

Cllr Deborah Halik (Chair), Farzana Saker (WWMMF), Stephen Dale (Dorothy House), Katie Smith (WC Health Trainer), Jane Milton (NHS CCG), Rebecca Seymour (Celebrating Age), Sue Chilton (OP champion), Chris Maple (Alzheimer's Support).

Minutes of previous meeting- agreed

Matters arising- on agenda

Update on minibus driver training- MC reported that 2 applications had been received. Members were encouraged to think about other candidates for this. The area board has provided funding to train up to 5 minibus drivers for our area, subject to them making themselves available to drive for community outings once or twice a year.

Update on Summer outings- MC reported that a driver and five volunteers had now been found. Referrals however, were slow at present and members were encouraged to promote the opportunity to eligible older people. It was acknowledged that new GDPR requirements might be influencing this. The criteria for participation are that people must live in Trowbridge area, have limited family or other support, have not had a break in some time, or are a carer with limited financial means.

LR will promote at Florence Court memory café on 7/6,18. Other partners will promote as appropriate. MC will send round referral forms again.

If no referrals are forthcoming by 12/06/18, MC will have to consider postponing and rearranging the outing.

There is a further date planned for 21st July and referrals are also sought for this.

Budget position statement- MC reported that following the last area board meeting and agreement of the HWB groups funding recommendations, the current balance was £6,338.

There were no new grant applications received. The closing date for applications is 15th June. Projects should support older people/vulnerable adults in the community, preventing social isolation and loneliness and helping to prevent hospital and care admission. MC can provide application forms and will circulate following the meeting.

She will also advertise in the Our Community Matters newsletter.

Connecting Communities Project roll out- MC reported that the Carers Support Connecting Communities project supported by HWB group funding, is now underway, piloting in Melksham before being rolled out across Trowbridge. A recent meeting with CEMs had assisted in the planning process and everyone is excited about the project. There would be a meeting in Trowbridge area in the Autumn to involve partners further.

Celebrating Age events- Two events coming up- 13th June, poetry event at Trowbridge Library and 11th July at Florence court- fete, barb que and music. Leaflets would be circulated again after the meeting. The arts elements are free to older people. All to promote.

Updates from partners

SeAp- SeAp supports people with NHS complaints advocacy and also provides advocacy specifically for veterans in Wiltshire. Leaflets were provided for members to take away.

Carer's Support- AB reported that she was relatively new to the organisation and working part time at present. The organisation is going through some restructuring of services and her role is still developing in line with this.

Goodson Lodge- AA and RJ Reeves provided an overview of Goodson Lodge. It is a residential care facility, not a nursing home. The capacity is 64 residents, split into 4 communities of 16, each with their own living space, shared space and gardens. The facility has shops on the ground floor including hairdresser, general shop soon to be selling cards, sweets etc, a postbox which the postman comes in and services, along with a cinema open daily for residents and families.

Current occupancy is running at about 25% so the organisation is keen to make links and become known in the local community to increase referrals.

Plans include a Dementia Men's Shed, open to the wider community, a gardening club, music club, afternoon tea and walks, all open to the community.

Following questions, AA confirmed that Wiltshire Council currently has no contract with Goodson Lodge. BS noted that if someone wanted to come for respite care, social services could make a direct payment to the client, but there would be a significant top- up to pay for this level of accommodation and support.

Adult Social Care

BS and CWN provided an overview of the new Reablement Service. The focus is on helping people retain independence rather than relying on services, emphasising what people can do for themselves and how they can best be supported to do this. This is a complete transformation in the way in which clients are assessed and services are delivered. Several examples of the new approach were given, including an example of someone who had asked for home care to get her socks and shoes on in the mornings. She was diabetic and at risk of foot sores if left without adequate foot coverings. Following some work with an OT, she was supported to do this for

herself with appropriate equipment provided. This approach enabled her to regain her confidence and independence and prevented the need for costly home care services.

BS noted, that in the case of future referrals, her team would be looking for much more information on clients than previously required, to help establish how to support people to best effect within this new way of working.

NHS- Mental health worker is in place at the health centre, this helps with complex referrals and supports GP's.

A question was raised regarding bereavement services as the cruse waiting list could be lengthy. BS reported that Trowbridge Oaks was planning to set up a bereavement café.

WCIL-LR reported that she had now joined WCIL an organisation representing service user voice across Wiltshire. Her works links in with the AWP Care forum, Health and Wellbeing groups and other forums and activities. WCIL can also represent service user voice in care settings and can assist in gathering feedback and signposting.

A.O.B- none

Date next meeting

It was agreed that a further meeting was needed to assess grant applications ahead of the next area board meeting in July.

The next meeting will be on **Tuesday 26th June at 2pm at Goodson Lodge.**

In closing the meeting MC thanked Goodson Lodge for their hospitality and lovely cakes and looked forward to seeing new initiatives developed in future.